



MACRAME

I



Exhibit Guidelines

1. Cobra Braid, Stickman or Dragonfly Keychain
2. Buckle Bracelet
3. Knot Bracelet
4. Handle Wrapped Item
5. Other Item Using Knots within Project Book

Project Overview

Macrame is a textile art involving ornamental tying of knots and braiding to create decorative and useful items. Macrame is enjoyed by many as a hobby.

Key Learning Topics

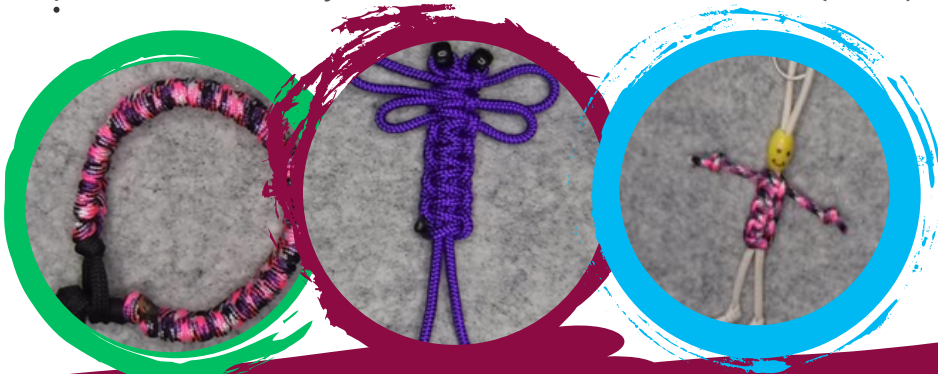
- Multiple strand techniques.
- To make useful articles using the techniques learned in this unit.
- To learn how to select materials and project designs.
- To become more aware of the many practical uses of braiding and knotting of macrame.
- Practice using your knot-tying skills.
- Practice designing your own articles.

Expanding the Project

- Give a talk or demonstration about your macrame project at your club or county contest.
- Teach another person one of your skills you've learned.
- Donate items created to a local nursing home or Senior Center during the holidays or any other opportunity that presents itself.
- Donate items created for a 4-H fundraiser.

Resources

- Macrame Unit I (R-2025)
- General Project Record Sheet 300.A-7 (R-18)



Targeting Life Skills:

- Resiliency
- Self Motivation
- Stress Management
- Problem Solving
- Self-Esteem
- Goal Setting
- Planning and Organizing

